

The Gainesville Zero Waste News

Choose to Reduce This Earth Day

Earth Day is an excellent time to remember that our everyday choices impact our environment, and recent rises in consumer prices may be just the motivation each of us needs to find ways to reduce our spending too. Reducing can help you out on both accounts by saving resources and money.

Here are 3 big ways you can choose to reduce:



- **Buy In Bulk** – This doesn't mean buying many tiny packages inside one large package. Buying in bulk consists of filling up your own reusable container at the store, so you don't have to pay for all that packaging. Anywhere from 10% to 40% of a product's retail price goes into its packaging.
- **Plan & Organize Your Meals** – To avoid buying food you already have, be sure to check your refrigerator and pantry before going to the store. Keeping your refrigerator organized by rotating items that need to be eaten soon to the front and center will help reduce food waste.
- **Reduce Your Paper Waste** – Eliminate buying costly paper towels and instead use washable hand towels or rags when cleaning up. Switch to real plates and cloth napkins instead of buying disposal tableware.

For more information on how you can reduce your waste and recycle, visit cityofgainesville.org/recycle.

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