## The Gainesville Zero Waste News

## Waste Stream Investigators: Following Up

So your home or business performed a waste audit – a careful analysis of the trash you produce. What did you find?

Probably a lot of packaging and likely a surprising amount of organic material – a good reminder it's never too late to start that compost pile or worm bin.



Now, what would you find if you looked through your own recycle bin? While recycling is great as a last ditch effort to keep certain materials out of the landfill, let's look for ways to rethink, refuse, reduce, reuse, refill, and repurpose.

Here are three small Zero Waste tweaks you can try implementing by looking in your own recycle bin:

- 1. **Ditch the carton** cartons are no longer considered recyclable, but you can make your own plant milks, fruit juices, chicken broths, and just about anything else you *used to* get in cartons. You'll save money, enjoy fresher, better tasting food, and be a zero waste hero.
- 2. **Try a filter or just the tap** Got a bunch of water bottles cracking and crunching around in your blue bin? It's great you're recycling, but have you ever considered using a water filter? Maybe skip the cheaper filters that will break after a year and invest in something more durable.
- 3. Make your own soda Love soda? So do we! That's why we invested in an at-home soda machine. There are many available secondhand, and the tanks of gas are refillable at local stores. Love beer or wine? Consider homebrewing or buying from local bottlers that will work on a container deposit system (just like the milkman in the old days). You'll end up saving money and enjoying a higher quality libation.

For more ways to improve how you consume and dispose of things in your daily life, follow ZeroWasteGNV on <u>Facebook</u> and <u>Instagram</u>.