

The Gainesville Zero Waste News

Zero Waste & You: Reducing Waste on the Go

Embracing a zero-waste lifestyle while on the go might seem daunting, but it can easily become second nature with some thoughtful planning and simple adjustments. Whether you're commuting to work, heading to school, or visiting friends out of town, take a moment to consider your waste habits during your travels.

Here are some tips for reducing waste and recycling while you're on the move:

- Fill up a reusable water bottle before your trip to avoid buying bottled water.
- Pack a zero-waste kit with items like cloth napkins and reusable cutlery.
- Prepare snacks at home and pack them in reusable containers.
- Bring a reusable container to store leftovers from dining out or potlucks.
- Keep reusable shopping bags in your car for impromptu shopping trips.
- Buy only what you need and choose products in refillable or recyclable containers without excessive packaging.
- Decline plastic bags when checking out with only a few items you can carry.
- Keep designated bins or bags in your car to collect trash and recyclables separately.



Integrating these tips into your daily routine can significantly reduce waste. A zero-waste lifestyle on the go not only benefits the environment but also promotes a more conscientious and sustainable way of living. Visit gainesvillefl.gov/ZeroWaste or follow us on social media – @ZeroWasteGNV on [Facebook](#) and [Instagram](#) – for more info.

###