## The Gainesville Zero Waste News

## **Harvest the Bounty of Community Supported Agriculture**

Would you like to reduce waste, get healthier, and support your community simultaneously? With a CSA – Community Supported Agriculture – you can!

Community Supported Agriculture (CSA) is something like a fresh, local, seasonal grocery subscription, and it couldn't be easier to get started! You simply contact one of Gainesville's wonderful organic farms, either face-to-face at the farmer's market or find them online, and sign up.

Following the Community Supported Agriculture model means you help the farmer cover some upfront costs of their growing operation and guarantee them a steady income. As a result, you get a weekly delivery of fresh, local, and supremely flavorful and nutritious produce for the entire growing season.



gainesvillefl.gov/ZeroWaste!

Not convinced yet? Because you're dealing with local farmers, CSAs typically provide your goodies with significantly less (or even zero) disposable packaging! They're delivered in reusable bags, with typically only tiny items, such as berries, packaged up.

Need even more reasons? Compared to the supermarket's conventional model of an average of 1,500 food miles and all the attendant pollution and waste, a CSA allows you to truly #shoplocal, reducing your footprint from Paul Bunyan's boots to Thumbelina's slippers.

So, what are you waiting for? Sign up for a CSA today, and start enjoying the fruits of your local land and your local farmer's loving endeavors. You'll be helping to support local farms today and for a sustainable future.

Get the latest tips on local, sustainable living at